

THE HULL & EAST RIDING KARATE ACADEMY Certificate of Achievement 2022 Sporting Excellence in Karate National Level

## **Joseph Sayers**

This is to certify that Joseph Sayers has achieved the standard of Sporting Excellence in Competition Sport Karate. Joseph competed at National Championships throughout England in 2022 winning the medals and titles listed below:-

## Championship Success - 1 Gold 1 Silver 2 Bronze

Shindo Kai Championships - 20<sup>th</sup> March, Barnsley

Gold - Team Kata Silver - Individual Kata Bronze - Pairs Kata

## **Central England Karate Championships** - 17<sup>th</sup> July, Worcester

Bronze - Team Kata

Congratulations on your sporting achievements throughout 2022. Well done Joseph.

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Sensei Wayne Clarke 4<sup>th</sup> Dan Head Coach - The Hull & East Riding Karate Academy









The Hull & East Riding Karate Academy is a member of the Shindo Kai Karate Association, an association in the English Karate Federation National Governing Body and member of the British Karate Federation.